



Funded by  
UK Government



Black Country Healthcare  
NHS Foundation Trust



# WorkWell

*Together with partners to support the  
Black Country to start, succeed and stay in work.*



*This scheme proudly incorporates partnership working and expertise from a variety of organisations within the Black Country Integrated Care System to improve the lives of people who live and work in the Black Country.*



## What is WorkWell?

WorkWell is a service designed to support anyone with a health condition or disability to either:

- Return/Remain in work
- Find and Access work
- Refer or signpost into various services available in your local area.

This service provides a team of trained Work and Health Coaches who will provide short term, light touch support to help individuals with their support needs to return, remain or succeed in work.

WorkWell will help individuals to build a personalised support plan based off their current needs, health conditions/disabilities and additional support that may be needed and then work together with organisations across the Black Country to provide joined up support for that individual.

## What does WorkWell offer?

Following a referral into WorkWell one of our team of trained Work & Health Coaches will complete an initial assessment to identify any and all support needs required and depending on the individuals needs may provide support under any of the three core support categories:

### Employment Support

If an individual requires employment support due to health barriers, support may include:

- Create a personalised goals plan
- Access education, training and volunteering support
- Finding available employment opportunities
- Support building a CV, job application and interview techniques
- Confidence building and disclosure techniques
- Understanding reasonable adjustment requests with new employers



## What does WorkWell offer?

### In Work Support

If an individual in work requires support to return to work or to stay in their current role due to health barriers, support may include:

- Support to understand individuals rights and laws in the workplace
- Open conversations with employers to discuss health barriers
- Review of reasonable adjustments with employers
- Negotiate and support return to work plans and conversations

### Referral and Signposting Support

During an individual's referral into WorkWell additional/alternative support needs may be identified that may also support individuals. WorkWell aims to act as a single point of access to an individual's health related support needs. Services available for signposting may include:



## Who is WorkWell for?

WorkWell is available for anyone who is:

- 16+ years old
- Lives or is registered to a GP or local Jobcentre Plus that falls anywhere within the Black Country
- Has the right to work within the UK
- Anyone experiencing barriers to employment due to health conditions/disabilities

WorkWell will support those who are in work, need support returning to work or are out of work up to 6 months who require early intervention due to facing health related barriers, however, we also link participants needing more complex support to return to work who have been out of work longer with services who can provide longer term support.

## How to complete a referral?

We will be working closely with many different organisations across the Black Country.

Individuals can ask any health care professionals they may be working with to fill out a referral form to our team or alternatively individuals can also self-refer into our service. You can refer online using our e-referral form which can be accessed by scanning the QR code below



If you have any queries about referrals please contact [bchft.workwellteam@nhs.net](mailto:bchft.workwellteam@nhs.net)



## How to contact us?



0800 952 6955



[bchft.workwellteam@nhs.net](mailto:bchft.workwellteam@nhs.net)



[www.blackcountryhealthcare.nhs.uk/workwell](http://www.blackcountryhealthcare.nhs.uk/workwell)

You can also scan the QR code to the right with the camera on your mobile device to view our website



If you require this leaflet in another language or format such as large print, braille or easy read please contact [bchft.workwellcomms@nhs.net](mailto:bchft.workwellcomms@nhs.net)

